

10,000 Steps Community Grant Outcomes



Bell State School - Wellbeing Tournament

Grant Objectives:

- To encourage physical activity and wellbeing amongst the community of Bell.



Community Team Tournament

Grant Outcomes:

- Conducted the Gold Coast 2018 Commonwealth Games Venues Tournament.
- Purchased 130 pedometers to give out to the 104 participants that were split into 8 teams.
- Twice weekly email updates were sent out to participants to encourage them to log their steps on the website.
- Each week an article was added to the Bell State School newsletter to keep the community up to date about the progress of the teams.

10,000 STEPS CHALLENGE UPDATE

A big week of stepping saw four teams reach the finish line with two more hot on their tail. Congratulations to the Bell Veterinary team, our Intrepid Steppers, who finished in 2nd position. A final lunge for the finish line saw The Strollers leap into 3rd place ahead of Steady. The Bell Mountaineers look likely to finish today or tomorrow with The Walkabouts not far behind. The students put in a huge effort but unfortunately didn't find the time to enter their steps into the website thus leaving them a step behind the rest. They could well have won had they jumped online more often, maybe next time. Well done to all. Hang on to those pedometers and look out for another challenge in Term 1, 2018, in the meantime, why not create your own and challenge your family and friends?



“It was a fun Tournament that encouraged friendly banter, brought our school closer to our community and made everyone more aware of how much walking they actually do.”

“A great initiative and we’ve had lots of fun!”

“More conversations have occurred around levels of physical activity and how much physical activity people do or don’t do.”



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Queensland Government